



Football Anti-Doping Awareness Policy

1. Introduction and Purpose

This Anti-Doping Awareness Policy ("the Policy") outlines the commitment of the Cayman Islands Football Association (hereinafter, "the Organization") to a clean sport, free from doping. This Policy is designed to educate, prevent, and deter the use of prohibited substances and methods in football, ensuring fair play, protecting the health of athletes, and maintaining the integrity of the sport.

This Policy is in accordance with the World Anti-Doping Code (WADC), the National Anti-Doping Organization (NADO) Anti-Doping Rules, FIFA, CONCACAF and/or CFU Anti-Doping Regulations, and other applicable anti-doping laws and regulations.

2. Scope

This Policy applies to all individuals participating in, employed by, or associated with the Organization's football activities, including but not limited to:

- All players (professional, amateur, youth, and recreational)
- Coaches
- Medical personnel (doctors, physiotherapists, trainers)
- Support staff (managers, agents, equipment managers)
- Administrators and officials
- Any other person subject to the anti-doping rules of NADO or FIFA, CONCACAF and/or CFU.

3. Core Principles

The Organization is committed to the following core principles:

- **Zero Tolerance:** Zero tolerance for doping in football.
- **Athlete Health and Welfare:** Prioritizing the physical and mental health of all athletes.
- **Fair Play:** Upholding the principles of fair play, equality, and respect in competition.
- **Integrity of the Sport:** Protecting the reputation and integrity of football.
- **Education and Prevention:** Emphasizing comprehensive anti-doping education and prevention strategies.
- **Compliance:** Adhering strictly to all applicable anti-doping rules and regulations.

4. Prohibited Substances and Methods

Participants must be aware of and adhere to the current list of Prohibited Substances and Methods as published by the World Anti-Doping Agency (WADA). This list is updated annually and includes substances and methods prohibited at all times (in-competition and out-of-competition) and those prohibited in-competition only.

Key categories typically include (but are not limited to):

- Anabolic Agents
- Peptide Hormones, Growth Factors, Related Substances, and Mimetics
- Beta-2 Agonists
- Hormone and Metabolic Modulators
- Diuretics and Masking Agents
- Stimulants
- Narcotics
- Cannabinoids
- Glucocorticoids
- Prohibited Methods (e.g., manipulation of blood and blood components, chemical and physical manipulation, gene and cell doping).

It is the individual's responsibility to regularly check the WADA Prohibited List and to ensure that any medication or supplement taken does not contain prohibited substances.

5. Therapeutic Use Exemptions (TUEs)

If an athlete requires medication containing a prohibited substance for a legitimate medical condition, they must apply for a Therapeutic Use Exemption (TUE). A TUE allows an athlete to use a prohibited substance or method for therapeutic purposes without committing an anti-doping rule violation.

- **Process:** Athletes must follow the TUE application process outlined by NADO and/or FIFA, CONCACAF and/or CFU, depending on their level of competition. This typically involves submitting medical documentation to a TUE committee.
- **Prior Approval:** In most cases, a TUE must be granted *before* the use of the prohibited substance or method.
- **Emergency Situations:** Procedures exist for retroactive TUEs in emergency medical situations.

6. Anti-Doping Rule Violations (ADRVs)

Participants are expected to understand and avoid committing any Anti-Doping Rule Violations (ADRVs). The WADC outlines ten ADRV, including:

- Presence of a Prohibited Substance or its Metabolites or Markers in an Athlete's Sample
- Use or Attempted Use of a Prohibited Substance or a Prohibited Method
- Evading, Refusing, or Failing to Submit to Sample Collection
- Whereabouts Failures (for athletes in testing pools)
- Tampering or Attempted Tampering with any part of Doping Control
- Possession of a Prohibited Substance or Prohibited Method

- Trafficking or Attempted Trafficking in any Prohibited Substance or Prohibited Method
- Administration or Attempted Administration to any Athlete of any Prohibited Substance or Prohibited Method
- Complicity
- Prohibited Association

7. Doping Control Procedures

All participants are subject to doping control (testing), which may occur in-competition or out-of-competition, without prior notice. Participants must comply with the requests of Doping Control Officers (DCOs) and Chaperones.

Key aspects of doping control include:

- **Notification:** Athletes will be notified by a DCO or Chaperone of their selection for testing.
- **Sample Collection:** Athletes will provide a urine and/or blood sample under supervision.
- **Confidentiality:** All information related to doping control is handled with strict confidentiality.
- **Athlete Rights and Responsibilities:** Athletes have specific rights (e.g., right to a representative, right to observe the process) and responsibilities (e.g., providing accurate information, cooperating with officials).

8. Education and Awareness

The Organization is committed to providing ongoing anti-doping education and awareness programs for all stakeholders. These programs will cover:

- The WADA Prohibited List and its updates.
- The risks and consequences of doping (health, career, legal).
- The TUE application process.
- Doping control procedures and athlete rights/responsibilities.
- The importance of checking medications and supplements (e.g., through platforms like Global DRO).
- The role of support personnel in clean sport.
- The reporting of suspicious activities.

Educational resources will be disseminated through workshops, seminars, online modules, informational materials, and direct communication.

9. Roles and Responsibilities

9.1. The Organization's Responsibilities:

- To develop, implement, and enforce this Anti-Doping Awareness Policy.
- To provide access to up-to-date anti-doping information and educational resources.

- To cooperate fully with NADO, FIFA, CONCACAF and/or CFU, and other anti-doping authorities.
- To ensure that all individuals subject to this Policy are aware of their rights and responsibilities.
- To establish clear reporting mechanisms for suspected anti-doping rule violations.

9.2. Athletes' Responsibilities:

- To be knowledgeable of and comply with all applicable anti-doping rules.
- To be available for sample collection at all times (including out-of-competition).
- To take full responsibility, in the context of anti-doping, for what they ingest and use.
- To inform medical personnel of their athlete status and the need to comply with anti-doping rules.
- To report any concerns or suspicions related to doping.
- To cooperate fully with anti-doping organizations investigating anti-doping rule violations.

9.3. Coach and Support Personnel Responsibilities:

- To be knowledgeable of and comply with all applicable anti-doping rules.
- To use their influence on athlete values and behaviors to foster anti-doping attitudes.
- To cooperate with anti-doping organizations.
- Not to use or possess any prohibited substance or method without valid justification.
- Not to administer or attempt to administer any prohibited substance or method to any athlete.
- To report any concerns or suspicions related to doping.

10. Consequences of Anti-Doping Rule Violations

Any individual found to have committed an Anti-Doping Rule Violation will be subject to sanctions as outlined by the NADO Anti-Doping Rules and/or FIFA and/or, CONCACAF and/or CFU Anti-Doping Regulations. Sanctions may include:

- Disqualification of results
- Periods of ineligibility from competition and training
- Financial penalties
- Public disclosure of the violation

The Organization reserves the right to impose additional internal disciplinary actions, up to and including termination of contracts or expulsion from the Organization, in accordance with its internal regulations and applicable labor laws.

11. Reporting and Confidentiality

All individuals are encouraged to report any suspected anti-doping rule violations or concerns to the designated anti-doping authorities or the Organization's designated anti-doping contact person - Anti-Doping Coordinator or Head of Compliance. All reports will be handled with the utmost confidentiality, and whistleblowers will be protected from retaliation in accordance with relevant laws and regulations.

12. Policy Review

This Policy will be reviewed periodically and updated as necessary to ensure its effectiveness and compliance with the latest WADA Code, national laws, and international regulations.

13. Contact Information

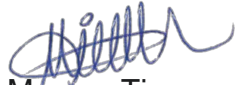
For questions or further information regarding this Anti-Doping Awareness Policy, please contact:

Marcos Tinoco – General Secretary
Email: Cayman.fa.gs@gmail.com
Tel: +1-345-326-4001

World Anti-Doping Agency: <https://www.wada-ama.org/en>

14. CIFA Endorsement

Grand Cayman, 9 September 2026



Marcos Tinoco
General Secretary